

## Summer Menu 2017

## Play's Kool + Newpark Childcare Centres

| WEEK ONE                     | Monday   | Tuesday  | Wednesday  | Thursday   | Friday   |
|------------------------------|--|--|--|--|--|
| <b>Morning Snack</b>         | Fresh Fruit with Milk & Tiny Teddies<br>"not TOO many teddies" | Fresh Fruit with Milk & Tiny Teddies<br>"not TOO many teddies" | Fresh Fruit with Milk & Tiny Teddies<br>"not TOO many teddies" | Fresh Fruit with Milk & Tiny Teddies<br>"not TOO many teddies" | Fresh Fruit with Milk & Tiny Teddies<br>"not TOO many teddies" |
| <b>Lunch</b>                 | Tuna Mornay  | Aunty Edna's Pastie Pie  | Homemade Chicken Nuggets & Sweet Potato Chips with Salad       | Summer Sandwiches  | Healthy Nachos with Salad                                      |
| <b>Early Afternoon Snack</b> | Pear Crumble Slice   | Savoury Vegetable & Dip Tray                                   | Pineapple & Yoghurt Cups                                       | Frozen Yoghurt   | Fruit & Vegetable Smoothies                                    |
| <b>Late Afternoon Snack</b>  | Cheese Squares on Saladas & Orange Slices                      | Cheese Squares on Saladas & Orange Slices                      | Cheese Squares on Saladas & Orange Slices                      | Cheese Squares on Saladas & Orange Slices                      | Cheese Squares on Saladas & Orange Slices                      |
| WEEK 2                       | Monday   | Tuesday  | Wednesday  | Thursday   | Friday   |
| <b>Morning Snack</b>         | Fresh Fruit with Milk & Tiny Teddies<br>"not TOO many teddies" | Fresh Fruit with Milk & Tiny Teddies<br>"not TOO many teddies" | Fresh Fruit with Milk & Tiny Teddies<br>"not TOO many teddies" | Fresh Fruit with Milk & Tiny Teddies<br>"not TOO many teddies" | Fresh Fruit with Milk & Tiny Teddies<br>"not TOO many teddies" |
| <b>Lunch</b>                 | Spaghetti Bolognese  | Fish & Chips with Salad  | Chicken Sliders  | Macaroni Cheese  | Zucchini Slice   |
| <b>Early Afternoon Snack</b> | Apple & Cinnamon Pikelets                                      | Frozen Yoghurt   | Fruit Bread Triangles  | Savoury Vegetable & Dip Tray                                   | Vegemite Soldiers & Apple Slices                               |
| <b>Late Afternoon Snack</b>  | Cheese Squares on Saladas & Orange Slices                      | Cheese Squares on Saladas & Orange Slices                      | Cheese Squares on Saladas & Orange Slices                      | Cheese Squares on Saladas & Orange Slices                      | Cheese Squares on Saladas & Orange Slices                      |
| WEEK 3                       | Monday   | Tuesday  | Wednesday  | Thursday   | Friday   |
| <b>Morning Snack</b>         | Fresh Fruit with Milk & Tiny Teddies<br>"not TOO many teddies" | Fresh Fruit with Milk & Tiny Teddies<br>"not TOO many teddies" | Fresh Fruit with Milk & Tiny Teddies<br>"not TOO many teddies" | Fresh Fruit with Milk & Tiny Teddies<br>"not TOO many teddies" | Fresh Fruit with Milk & Tiny Teddies<br>"not TOO many teddies" |
| <b>Lunch</b>                 | Special Fried Rice   | Summer Sandwiches  | Homemade Sausage Rolls   | Tuna Mornay  | Lasagna  |
| <b>Early Afternoon Snack</b> | Fresh Strawberry Yoghurt Cones                                 | Carrot Cake  | Savoury Vegetable & Dip Tray                                   | Tiger Scrolls  | Jellied Fruit in a Cup   |
| <b>Late Afternoon Snack</b>  | Cheese Squares on Saladas & Orange Slices                      | Cheese Squares on Saladas & Orange Slices                      | Cheese Squares on Saladas & Orange Slices                      | Cheese Squares on Saladas & Orange Slices                      | Cheese Squares on Saladas & Orange Slices                      |
| WEEK 4                       | Monday   | Tuesday  | Wednesday  | Thursday   | Friday   |
| <b>Morning Snack</b>         | Fresh Fruit with Milk & Tiny Teddies<br>"not TOO many teddies" | Fresh Fruit with Milk & Tiny Teddies<br>"not TOO many teddies" | Fresh Fruit with Milk & Tiny Teddies<br>"not TOO many teddies" | Fresh Fruit with Milk & Tiny Teddies<br>"not TOO many teddies" | Fresh Fruit with Milk & Tiny Teddies<br>"not TOO many teddies" |
| <b>Lunch</b>                 | Tuna Toasties  | Zucchini Slice   | Spaghetti Bolognese  | Spinach & Ricotta Pasties                                      | Homemade Chicken Nuggets & Sweet Potato Chips with Salad       |
| <b>Early Afternoon Snack</b> | Vanilla Yoghurt Cones with crunchy Choc Topping                | Frozen Fruit & Yoghurt Cups                                    | Banana Bread   | Savoury Vegetable & Dip Tray                                   | Frozen Fruit Smoothies   |
| <b>Late Afternoon Snack</b>  | Cheese Squares on Saladas & Orange Slices                      | Cheese Squares on Saladas & Orange Slices                      | Cheese Squares on Saladas & Orange Slices                      | Cheese Squares on Saladas & Orange Slices                      | Cheese Squares on Saladas & Orange Slices                      |